

# 灯油（店頭18L） 地域別価格

（県石油製品価格動向調査：くらし安全・消費生活課）

<令和7年>

（単位：円／18L）

|       | 1/14   | 1/20   | 1/27   | 2/3    | 2/10   | 2/17   | 2/25   | 3/3    | 3/10   | 3/17   | 3/24   |  |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--|
| 佐 久   | 2250.0 | 2308.7 | 2306.2 | 2268.0 | 2263.5 | 2263.5 | 2265.7 | 2265.7 | 2268.0 | 2277.0 | 2283.7 |  |
| 上 田   | 2250.0 | 2310.0 | 2304.0 | 2268.0 | 2256.0 | 2256.0 | 2256.0 | 2250.0 | 2250.0 | 2250.0 | 2250.0 |  |
| 諏 訪   | 2130.7 | 2189.5 | 2225.2 | 2202.7 | 2187.0 | 2187.0 | 2175.7 | 2180.2 | 2175.7 | 2175.7 | 2175.7 |  |
| 上伊那   | 2201.1 | 2265.4 | 2265.4 | 2229.4 | 2229.4 | 2229.4 | 2229.4 | 2229.4 | 2229.4 | 2242.2 | 2257.7 |  |
| 南信州   | 2253.0 | 2310.0 | 2325.0 | 2325.0 | 2325.0 | 2325.0 | 2325.0 | 2325.0 | 2325.0 | 2325.0 | 2325.0 |  |
| 木 曽   | 2286.0 | 2346.0 | 2370.0 | 2370.0 | 2346.0 | 2340.0 | 2340.0 | 2340.0 | 2340.0 | 2352.0 | 2352.0 |  |
| 松 本   | 2059.7 | 2124.0 | 2129.1 | 2098.2 | 2088.0 | 2103.4 | 2103.4 | 2093.1 | 2106.0 | 2142.0 | 2147.1 |  |
| 北アルプス | 2218.5 | 2290.5 | 2290.5 | 2286.0 | 2286.0 | 2286.0 | 2286.0 | 2236.5 | 2277.0 | 2299.5 | 2308.5 |  |
| 長 野   | 2230.5 | 2293.5 | 2296.5 | 2248.5 | 2248.5 | 2250.0 | 2247.0 | 2254.5 | 2257.5 | 2257.5 | 2266.5 |  |
| 北 信   | 2209.5 | 2286.0 | 2263.5 | 2182.5 | 2236.5 | 2263.5 | 2254.5 | 2263.5 | 2227.5 | 2250.0 | 2250.0 |  |
| 県平均   | 2203.4 | 2266.1 | 2271.8 | 2239.7 | 2237.2 | 2240.5 | 2238.3 | 2236.1 | 2238.0 | 2247.7 | 2253.0 |  |

<令和6年>

|       | 12/23  |  |  |  |  |  |  |  |  |  |  |  |
|-------|--------|--|--|--|--|--|--|--|--|--|--|--|
| 佐 久   | 2247.7 |  |  |  |  |  |  |  |  |  |  |  |
| 上 田   | 2250.0 |  |  |  |  |  |  |  |  |  |  |  |
| 諏 訪   | 2117.2 |  |  |  |  |  |  |  |  |  |  |  |
| 上伊那   | 2201.1 |  |  |  |  |  |  |  |  |  |  |  |
| 南信州   | 2253.0 |  |  |  |  |  |  |  |  |  |  |  |
| 木 曽   | 2286.0 |  |  |  |  |  |  |  |  |  |  |  |
| 松 本   | 2057.1 |  |  |  |  |  |  |  |  |  |  |  |
| 北アルプス | 2218.5 |  |  |  |  |  |  |  |  |  |  |  |
| 長 野   | 2230.5 |  |  |  |  |  |  |  |  |  |  |  |
| 北 信   | 2200.5 |  |  |  |  |  |  |  |  |  |  |  |
| 県平均   | 2200.7 |  |  |  |  |  |  |  |  |  |  |  |

|       | 9/30   | 10/7   | 10/15  | 10/21  | 10/28  | 11/5   | 11/11  | 11/18  | 11/25  | 12/2   | 12/9   | 12/16  |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2130.7 | 2126.2 | 2126.2 | 2126.2 | 2126.2 | 2126.2 | 2126.2 | 2126.2 | 2126.2 | 2148.7 | 2153.2 | 2153.2 |
| 上 田   | 2124.0 | 2124.0 | 2124.0 | 2124.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 | 2160.0 | 2154.0 | 2154.0 |
| 諏 訪   | 1982.2 | 2000.2 | 2000.2 | 2004.7 | 2004.7 | 2018.2 | 2018.2 | 2018.2 | 2022.7 | 2018.2 | 2036.2 | 2056.5 |
| 上伊那   | 2098.2 | 2098.2 | 2098.2 | 2098.2 | 2098.2 | 2098.2 | 2098.2 | 2098.2 | 2098.2 | 2129.1 | 2129.1 | 2129.1 |
| 南信州   | 2145.0 | 2175.0 | 2175.0 | 2175.0 | 2175.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 |
| 木 曽   | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2196.0 | 2196.0 | 2196.0 |
| 松 本   | 1982.5 | 1980.0 | 1980.0 | 1980.0 | 1980.0 | 1974.8 | 1974.8 | 1985.1 | 1985.1 | 1974.8 | 1968.0 | 1974.8 |
| 北アルプス | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 | 2128.5 |
| 長 野   | 2110.5 | 2110.5 | 2110.5 | 2113.5 | 2110.5 | 2110.5 | 2110.5 | 2110.5 | 2107.5 | 2143.5 | 2143.5 | 2140.5 |
| 北 信   | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2128.5 | 2128.5 | 2128.5 |
| 県平均   | 2089.3 | 2093.5 | 2093.5 | 2094.6 | 2093.2 | 2094.6 | 2094.6 | 2095.7 | 2095.7 | 2114.3 | 2118.0 | 2118.4 |

|       | 7/1    | 7/8    | 7/16   | 7/22   | 7/29   | 8/5    | 8/19   | 8/26   | 9/2    | 9/9    | 9/17   | 9/24   |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2153.2 | 2157.7 | 2126.2 | 2101.5 | 2090.2 | 2101.5 | 2090.2 | 2090.2 | 2101.5 | 2137.5 | 2137.5 | 2137.5 |
| 上 田   | 2151.0 | 2151.0 | 2115.0 | 2079.0 | 2079.0 | 2079.0 | 2079.0 | 2082.0 | 2088.0 | 2118.0 | 2124.0 | 2124.0 |
| 諏 訪   | 2007.0 | 2016.0 | 2027.2 | 2027.2 | 1993.5 | 1971.0 | 1986.7 | 1986.7 | 1986.7 | 1986.7 | 1982.2 | 1982.2 |
| 上伊那   | 2116.2 | 2121.4 | 2090.5 | 2085.4 | 2067.4 | 2067.4 | 2067.4 | 2067.4 | 2067.4 | 2067.4 | 2067.4 | 2098.2 |
| 南信州   | 2202.0 | 2208.0 | 2172.0 | 2178.0 | 2148.0 | 2148.0 | 2148.0 | 2148.0 | 2148.0 | 2148.0 | 2145.0 | 2145.0 |
| 木 曽   | 2208.0 | 2208.0 | 2208.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 |
| 松 本   | 2016.0 | 2016.0 | 1982.5 | 1972.2 | 1951.7 | 1946.5 | 1944.0 | 1949.1 | 1944.0 | 1946.5 | 1959.4 | 1969.7 |
| 北アルプス | 2133.0 | 2133.0 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2128.5 |
| 長 野   | 2131.5 | 2137.5 | 2113.5 | 2080.5 | 2080.5 | 2080.5 | 2080.5 | 2080.5 | 2095.5 | 2106.0 | 2104.5 | 2107.5 |
| 北 信   | 2110.5 | 2119.5 | 2101.5 | 2054.5 | 2056.5 | 2056.5 | 2056.5 | 2056.5 | 2056.5 | 2083.5 | 2083.5 | 2092.5 |
| 県平均   | 2115.4 | 2119.8 | 2095.7 | 2077.6 | 2065.2 | 2063.3 | 2063.6 | 2064.4 | 2068.6 | 2079.6 | 2080.5 | 2088.2 |

|       | 4/1    | 4/8    | 4/15   | 4/22   | 5/7    | 5/13   | 5/20   | 5/27   | 6/3    | 6/10   | 6/17   | 6/24   |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2151.0 | 2164.5 | 2164.5 | 2164.5 | 2128.5 | 2117.2 | 2121.7 | 2121.7 | 2133.0 | 2121.7 | 2121.7 | 2121.7 |
| 上 田   | 2151.0 | 2151.0 | 2151.0 | 2151.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 | 2115.0 |
| 諏 訪   | 2025.0 | 2026.2 | 2027.2 | 2027.2 | 2027.2 | 2019.5 | 2007.0 | 2007.0 | 2007.0 | 2007.0 | 2007.0 | 2007.0 |
| 上伊那   | 2090.5 | 2090.5 | 2085.4 | 2085.4 | 2085.4 | 2085.4 | 2090.5 | 2090.5 | 2090.5 | 2090.5 | 2090.5 | 2090.5 |
| 南信州   | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 |
| 木 曽   | 2196.0 | 2184.0 | 2184.0 | 2184.0 | 2184.0 | 2184.0 | 2184.0 | 2184.0 | 2184.0 | 2196.0 | 2196.0 | 2196.0 |
| 松 本   | 1974.8 | 1982.5 | 1974.8 | 1980.0 | 1962.0 | 1951.7 | 1982.5 | 1987.7 | 1987.7 | 1982.5 | 1985.1 | 1982.5 |
| 北アルプス | 2092.5 | 2092.5 | 2092.5 | 2092.5 | 2079.0 | 2079.0 | 2106.0 | 2106.0 | 2106.0 | 2106.0 | 2106.0 | 2106.0 |
| 長 野   | 2125.5 | 2128.5 | 2131.5 | 2131.5 | 2107.5 | 2110.5 | 2107.5 | 2104.5 | 2104.5 | 2110.5 | 2104.5 | 2104.5 |
| 北 信   | 2083.5 | 2092.5 | 2092.5 | 2092.5 | 2083.5 | 2074.5 | 2074.5 | 2074.5 | 2074.5 | 2074.5 | 2074.5 | 2074.5 |
| 県平均   | 2102.1 | 2105.3 | 2104.6 | 2105.1 | 2089.6 | 2086.2 | 2090.2 | 2090.2 | 2091.6 | 2091.3 | 2090.4 | 2090.2 |

|       | 1/9    | 1/15   | 1/22   | 1/29   | 2/5    | 2/13   | 2/19   | 2/26   | 3/4    | 3/11   | 3/18   | 3/25   |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2146.5 | 2146.5 | 2112.7 | 2106.0 | 2106.0 | 2112.7 | 2112.7 | 2115.0 | 2121.7 | 2133.0 | 2133.0 | 2124.0 |
| 上 田   | 2148.0 | 2148.0 | 2118.0 | 2109.0 | 2109.0 | 2109.0 | 2109.0 | 2109.0 | 2109.0 | 2109.0 | 2109.0 | 2109.0 |
| 諏 訪   | 2011.5 | 2011.5 | 2011.5 | 2025.0 | 2020.5 | 2020.5 | 2020.5 | 2020.5 | 2025.0 | 2025.0 | 2025.0 | 2020.5 |
| 上伊那   | 2098.2 | 2098.2 | 2098.2 | 2062.2 | 2062.2 | 2062.2 | 2062.2 | 2093.1 | 2093.1 | 2059.7 | 2059.7 | 2064.8 |
| 南信州   | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 | 2178.0 |
| 木 曽   | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2172.0 | 2196.0 |
| 松 本   | 1990.2 | 1969.7 | 1969.7 | 1969.7 | 1967.1 | 1967.1 | 1967.1 | 1990.2 | 1974.8 | 1964.5 | 1964.5 | 1967.1 |
| 北アルプス | 2101.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2074.5 | 2074.5 | 2074.5 | 2074.5 |
| 長 野   | 2125.5 | 2125.5 | 2098.5 | 2098.5 | 2101.5 | 2101.5 | 2095.5 | 2106.0 | 2098.5 | 2095.5 | 2095.5 | 2098.5 |
| 北 信   | 2083.5 | 2083.5 | 2074.5 | 2074.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 | 2065.5 |
| 県平均   | 2101.5 | 2097.1 | 2084.6 | 2080.8 | 2079.9 | 2080.8 | 2079.6 | 2087.7 | 2086.6 | 2082.7 | 2082.7 | 2083.5 |

<令和5年>

|       | 11/6   | 11/13  | 11/20  | 11/27  | 12/4   | 12/11  | 12/18  | 12/25  |  |  |  |  |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--|--|--|--|
| 佐 久   | 2054.2 | 2090.2 | 2088.0 | 2092.5 | 2108.2 | 2108.2 | 2108.2 | 2108.2 |  |  |  |  |
| 上 田   | 2028.0 | 2076.0 | 2070.0 | 2070.0 | 2118.0 | 2106.0 | 2106.0 | 2106.0 |  |  |  |  |
| 諏 訪   | 1926.0 | 1926.0 | 1932.7 | 1973.2 | 1973.2 | 1980.0 | 1984.5 | 2002.5 |  |  |  |  |
| 上伊那   | 1998.0 | 2013.4 | 2018.5 | 2018.5 | 2046.8 | 2062.2 | 2062.2 | 2062.2 |  |  |  |  |
| 南信州   | 2079.0 | 2079.0 | 2109.0 | 2109.0 | 2172.0 | 2178.0 | 2178.0 | 2178.0 |  |  |  |  |
| 木 曽   | 2100.0 | 2100.0 | 2136.0 | 2136.0 | 2148.0 | 2172.0 | 2172.0 | 2172.0 |  |  |  |  |
| 松 本   | 1908.0 | 1926.0 | 1933.7 | 1941.4 | 1967.1 | 1969.7 | 1974.8 | 1972.2 |  |  |  |  |
| 北アルプス | 2047.5 | 2083.5 | 2083.5 | 2101.5 | 2137.5 | 2137.5 | 2092.5 | 2092.5 |  |  |  |  |
| 長 野   | 2020.5 | 2019.0 | 2071.5 | 2073.0 | 2095.5 | 2095.5 | 2097.0 | 2095.5 |  |  |  |  |
| 北 信   | 2002.5 | 2002.5 | 2043.0 | 2043.0 | 2065.5 | 2074.5 | 2065.5 | 2074.5 |  |  |  |  |
| 県平均   | 2008.8 | 2023.2 | 2041.2 | 2048.9 | 2075.2 | 2079.1 | 2077.2 | 2079.4 |  |  |  |  |

|       | 7/18   | 8/7    | 8/21   | 9/4    | 9/11   | 9/19   | 9/25   | 10/2   | 10/10  | 10/16  | 10/23  | 10/30  |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2135.2 | 2243.2 | 2279.2 | 2315.2 | 2225.2 | 2146.5 | 2146.5 | 2146.5 | 2079.0 | 2018.2 | 2018.2 | 2049.7 |
| 上 田   | 2130.0 | 2235.0 | 2274.0 | 2310.0 | 2220.0 | 2130.0 | 2130.0 | 2118.0 | 2058.0 | 2004.0 | 1992.0 | 2040.0 |
| 諏 訪   | 1996.2 | 2108.0 | 2180.7 | 2201.3 | 2192.3 | 2146.7 | 2106.0 | 2056.5 | 1975.5 | 1930.5 | 1914.7 | 1926.0 |
| 上伊那   | 2031.4 | 2157.4 | 2201.1 | 2234.5 | 2180.5 | 2088.0 | 2088.0 | 2077.7 | 2016.0 | 1985.1 | 1980.0 | 1992.8 |
| 南信州   | 2139.0 | 2259.0 | 2283.0 | 2322.0 | 2244.0 | 2169.0 | 2151.0 | 2151.0 | 2097.0 | 2034.0 | 2025.0 | 2070.0 |
| 木 曽   | 2106.0 | 2220.0 | 2280.0 | 2280.0 | 2298.0 | 2184.0 | 2160.0 | 2160.0 | 2160.0 | 2100.0 | 2100.0 | 2100.0 |
| 松 本   | 1949.1 | 2054.5 | 2098.2 | 2149.7 | 2100.8 | 2005.7 | 1998.0 | 1992.8 | 1938.8 | 1908.0 | 1872.0 | 1897.7 |
| 北アルプス | 2016.0 | 2052.0 | 2272.5 | 2308.5 | 2218.5 | 2146.5 | 2128.5 | 2110.5 | 2052.0 | 2007.0 | 2011.5 | 2047.5 |
| 長 野   | 2097.0 | 2184.0 | 2224.5 | 2269.5 | 2196.0 | 2128.5 | 2127.0 | 2122.5 | 2124.0 | 2029.5 | 1995.0 | 2022.0 |
| 北 信   | 2061.0 | 2142.0 | 2214.0 | 2259.0 | 2200.5 | 2164.5 | 2106.0 | 2106.0 | 2052.0 | 2016.0 | 1993.5 | 2002.5 |
| 県平均   | 2066.4 | 2167.7 | 2224.5 | 2260.9 | 2200.2 | 2125.1 | 2111.5 | 2100.7 | 2052.8 | 1997.1 | 1981.3 | 2007.1 |

|       | 4/3    | 4/10   | 4/17   | 4/24   | 5/1    | 5/8    | 5/15   | 5/22   | 5/29   | 6/5    | 6/19   | 7/3    |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2036.2 | 2045.2 | 2045.2 | 2045.2 | 2045.2 | 2013.7 | 2013.7 | 2047.5 | 2047.5 | 2047.5 | 2063.2 | 2103.7 |
| 上 田   | 2046.0 | 2046.0 | 2046.0 | 2046.0 | 2046.0 | 2010.0 | 2010.0 | 2028.0 | 2028.0 | 2028.0 | 2058.0 | 2094.0 |
| 諏 訪   | 1914.0 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1932.0 | 1959.5 | 1995.7 |
| 上伊那   | 1941.4 | 1944.0 | 1941.4 | 1944.0 | 1941.4 | 1915.7 | 1908.0 | 1933.7 | 1938.8 | 1933.7 | 1969.7 | 2031.4 |
| 南信州   | 2040.0 | 2040.0 | 2046.0 | 2046.0 | 2046.0 | 2046.0 | 2040.0 | 2040.0 | 2040.0 | 2040.0 | 2070.0 | 2133.0 |
| 木 曽   | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 2058.0 |
| 松 本   | 1874.5 | 1874.5 | 1866.8 | 1874.5 | 1861.7 | 1874.5 | 1864.2 | 1872.0 | 1872.0 | 1877.1 | 1897.7 | 1926.0 |
| 北アルプス | 2002.5 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 2007.0 | 2007.0 | 2007.0 | 2007.0 | 2007.0 |
| 長 野   | 2016.0 | 2019.0 | 2022.0 | 2019.0 | 2019.0 | 1989.0 | 1984.5 | 2016.0 | 2014.5 | 2014.5 | 2014.5 | 2064.0 |
| 北 信   | 1998.0 | 2007.0 | 2007.0 | 2007.0 | 2007.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 2034.0 |
| 県平均   | 1986.5 | 1989.3 | 1989.3 | 1989.8 | 1988.2 | 1973.5 | 1970.2 | 1986.0 | 1986.2 | 1987.9 | 2004.8 | 2045.6 |

|       | 1/10   | 1/16   | 1/23   | 1/30   | 2/6    | 2/13   | 2/20   | 2/27   | 3/6    | 3/13   | 3/20   | 3/27   |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2022.7 | 2002.5 | 2002.5 | 2002.5 | 1991.2 | 1991.2 | 1991.2 | 1991.2 | 1991.2 | 1991.2 | 1991.2 | 2045.2 |
| 上 田   | 2034.0 | 1992.0 | 1986.0 | 1986.0 | 1980.0 | 1986.0 | 1986.0 | 1980.0 | 1980.0 | 1980.0 | 1980.0 | 2046.0 |
| 諏 訪   | 1977.7 | 1950.7 | 1946.2 | 1946.2 | 1923.0 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1918.5 | 1914.0 | 1914.0 |
| 上伊那   | 1928.5 | 1928.5 | 1926.0 | 1923.4 | 1915.7 | 1908.0 | 1910.5 | 1910.5 | 1910.5 | 1920.8 | 1920.8 | 1951.7 |
| 南信州   | 2025.0 | 2025.0 | 2025.9 | 2025.9 | 1992.0 | 1992.0 | 1992.0 | 1992.0 | 1992.0 | 1992.0 | 1992.0 | 2040.0 |
| 木 曽   | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 | 2022.0 |
| 松 本   | 1869.4 | 1877.1 | 1874.5 | 1874.5 | 1866.8 | 1859.1 | 1854.0 | 1854.0 | 1854.0 | 1854.0 | 1861.7 | 1877.1 |
| 北アルプス | 2034.0 | 2034.0 | 2034.0 | 2034.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 2002.5 | 2002.5 |
| 長 野   | 1993.5 | 1960.5 | 1972.5 | 1975.5 | 1972.5 | 1969.5 | 1972.5 | 1957.5 | 1972.5 | 1969.5 | 1969.5 | 2016.0 |
| 北 信   | 1993.5 | 1984.5 | 1993.5 | 1993.5 | 1993.5 | 1971.0 | 1971.0 | 1971.0 | 1971.0 | 1971.0 | 1971.0 | 1998.0 |
| 県平均   | 1985.2 | 1969.7 | 1970.9 | 1971.2 | 1958.8 | 1955.2 | 1955.5 | 1952.2 | 1954.9 | 1955.5 | 1956.0 | 1988.4 |

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|       | 12/12  | 12/19  | 12/26  |  |  |  |  |  |  |  |  |  |
|-------|--------|--------|--------|--|--|--|--|--|--|--|--|--|
| 佐 久   | 2038.5 | 2038.5 | 2031.7 |  |  |  |  |  |  |  |  |  |
| 上 田   | 2028.0 | 2034.0 | 2034.0 |  |  |  |  |  |  |  |  |  |
| 諏 訪   | 1950.7 | 1950.7 | 1977.7 |  |  |  |  |  |  |  |  |  |
| 上伊那   | 1941.4 | 1931.1 | 1931.1 |  |  |  |  |  |  |  |  |  |
| 南信州   | 2025.0 | 2025.0 | 2025.0 |  |  |  |  |  |  |  |  |  |
| 木 曽   | 2070.0 | 2070.0 | 2070.0 |  |  |  |  |  |  |  |  |  |
| 松 本   | 1872.0 | 1869.4 | 1869.4 |  |  |  |  |  |  |  |  |  |
| 北アルプス | 2056.5 | 2011.5 | 2011.5 |  |  |  |  |  |  |  |  |  |
| 長 野   | 2005.5 | 2002.5 | 2002.5 |  |  |  |  |  |  |  |  |  |
| 北 信   | 2002.5 | 2002.5 | 2002.5 |  |  |  |  |  |  |  |  |  |
| 県平均   | 1991.3 | 1987.2 | 1989.6 |  |  |  |  |  |  |  |  |  |

|       | 9/20   | 9/26   | 10/3   | 10/11  | 10/17  | 10/24  | 10/31  | 11/7   | 11/14  | 11/21  | 11/28  | 12/5   |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2045.2 | 2049.7 | 2049.7 | 2002.5 | 2029.5 | 2038.5 | 2034.0 | 1944.0 | 2011.5 | 2011.5 | 2011.5 | 2025.0 |
| 上 田   | 2034.0 | 2034.0 | 2034.0 | 1998.0 | 2034.0 | 2034.0 | 2034.0 | 2004.0 | 1998.0 | 1998.0 | 1998.0 | 2034.0 |
| 諏 訪   | 1980.0 | 1957.5 | 1957.5 | 1957.5 | 1957.5 | 1959.7 | 1959.7 | 1959.7 | 1959.7 | 1959.7 | 1959.7 | 1955.2 |
| 上伊那   | 1928.5 | 1928.5 | 1928.5 | 1928.5 | 1949.1 | 1949.1 | 1949.1 | 1915.7 | 1920.8 | 1920.8 | 1920.8 | 1941.4 |
| 南信州   | 1983.0 | 1983.0 | 1974.0 | 1977.0 | 2007.0 | 2019.0 | 2013.0 | 2013.0 | 2001.0 | 2001.0 | 2001.0 | 2025.0 |
| 木 曽   | 2058.0 | 2058.0 | 2064.0 | 2058.0 | 2058.0 | 2058.0 | 2058.0 | 2022.0 | 2058.0 | 2058.0 | 2070.0 | 2070.0 |
| 松 本   | 1874.5 | 1851.4 | 1851.4 | 1851.4 | 1866.8 | 1872.0 | 1872.0 | 1843.7 | 1838.5 | 1843.7 | 1843.7 | 1866.8 |
| 北アルプス | 2011.5 | 1993.5 | 1993.5 | 1993.5 | 2034.0 | 2034.0 | 2034.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 2025.0 |
| 長 野   | 2010.0 | 2010.0 | 2004.0 | 1987.5 | 2014.5 | 2011.5 | 1999.5 | 1975.5 | 1972.5 | 1972.5 | 1972.5 | 2005.5 |
| 北 信   | 2002.5 | 2002.5 | 2002.5 | 1993.5 | 2002.5 | 2002.5 | 2002.5 | 1993.5 | 1993.5 | 1993.5 | 1993.5 | 2002.5 |
| 県平均   | 1988.8 | 1983.0 | 1981.3 | 1968.6 | 1989.9 | 1992.4 | 1989.1 | 1967.5 | 1967.5 | 1968.0 | 1968.6 | 1988.3 |

|       | 6/27   | 7/4    | 7/11   | 7/19   | 7/25   | 8/1    | 8/8    | 8/15   | 8/22   | 8/29   | 9/5    | 9/12   |
|-------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
| 佐 久   | 2133.0 | 2049.7 | 2054.2 | 2009.2 | 2018.2 | 2013.7 | 2013.7 | 2009.2 | 1973.2 | 1973.2 | 2049.7 | 2045.2 |
| 上 田   | 2124.0 | 2034.0 | 2034.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1998.0 | 1968.0 | 1962.0 | 2034.0 | 2034.0 |
| 諏 訪   | 2061.0 | 2002.5 | 2002.5 | 1962.0 | 1955.2 | 1955.2 | 1955.2 | 1950.7 | 1950.7 | 1950.7 | 1950.7 | 1950.7 |
| 上伊那   | 2052.0 | 1926.0 | 1928.5 | 1900.2 | 1908.0 | 1900.2 | 1931.1 | 1931.1 | 1892.5 | 1887.4 | 1949.1 | 1949.1 |
| 南信州   | 2121.0 | 2046.0 | 2022.0 | 2007.0 | 1995.0 | 1995.0 | 1995.0 | 1983.0 | 1950.0 | 1941.0 | 2001.0 | 2019.0 |
| 木 曽   | 2118.0 | 2094.0 | 2148.0 | 2148.0 | 2052.0 | 2052.0 | 2106.0 | 2106.0 | 2106.0 | 2022.0 | 2022.0 | 2058.0 |
| 松 本   | 1990.2 | 1882.2 | 1872.0 | 1841.1 | 1838.5 | 1838.5 | 1861.7 | 1856.5 | 1825.7 | 1820.5 | 1861.7 | 1869.4 |
| 北アルプス | 2083.5 | 1993.5 | 1993.5 | 1957.5 | 1957.5 | 1957.5 | 1957.5 | 1957.5 | 1939.5 | 1939.5 | 1994.0 | 2011.5 |
| 長 野   | 2101.5 | 2037.0 | 2026.5 | 1981.5 | 1975.5 | 1972.5 | 1975.5 | 1975.5 | 1963.5 | 1948.5 | 1992.0 | 2004.0 |
| 北 信   | 2079.0 | 2047.5 | 2020.5 | 1993.5 | 1984.5 | 1984.5 | 1984.5 | 1984.5 | 1975.5 | 1966.5 | 1984.5 | 2002.5 |
| 県平均   | 2085.2 | 2006.8 | 2003.2 | 1969.4 | 1963.1 | 1961.1 | 1970.0 | 1967.2 | 1945.6 | 1935.9 | 1981.1 | 1989.1 |

|       | 3/28    | 4/4     | 4/11    | 4/18    | 4/25    | 5/9     | 5/16    | 5/23    | 5/30    | 6/6     | 6/13    | 6/20    |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 佐 久   | 2,074.5 | 2,081.2 | 2,074.5 | 2,043.0 | 2,043.0 | 1,995.7 | 1,995.7 | 1,921.5 | 1,955.2 | 2,034.0 | 2,061.0 | 2,133.0 |
| 上 田   | 2,067.0 | 2,067.0 | 2,067.0 | 2,037.0 | 2,031.0 | 1,980.0 | 1,980.0 | 1,908.0 | 1,944.0 | 2,010.0 | 2,028.0 | 2,124.0 |
| 諏 訪   | 2,027.2 | 2,027.2 | 2,036.2 | 2,036.2 | 2,022.7 | 1,968.7 | 1,968.7 | 1,905.7 | 1,948.5 | 1,962.0 | 1,962.0 | 2,045.2 |
| 上伊那   | 2,003.1 | 2,008.2 | 2,008.2 | 1,959.4 | 1,959.4 | 1,936.2 | 1,941.4 | 1,879.7 | 1,887.4 | 1,944.0 | 1,964.5 | 2,052.0 |
| 南信州   | 2,055.0 | 2,061.0 | 2,055.0 | 2,055.0 | 2,025.0 | 1,989.0 | 1,989.0 | 1,932.0 | 1,932.0 | 2,022.0 | 2,046.0 | 2,121.0 |
| 木 曽   | 2,118.0 | 2,184.0 | 2,184.0 | 2,118.0 | 2,118.0 | 2,148.0 | 2,130.0 | 2,094.0 | 2,082.0 | 2,082.0 | 2,082.0 | 2,118.0 |
| 松 本   | 1,910.5 | 1,933.7 | 1,941.4 | 1,936.2 | 1,910.5 | 1,872.0 | 1,872.0 | 1,802.5 | 1,818.0 | 1,890.0 | 1,928.5 | 1,982.5 |
| 北アルプス | 1,976.0 | 2,002.5 | 2,011.5 | 2,012.0 | 1,984.5 | 1,921.5 | 1,921.5 | 1,867.5 | 1,944.0 | 1,971.0 | 2,007.0 | 2,083.5 |
| 長 野   | 2,029.5 | 2,052.0 | 2,065.5 | 2,035.5 | 2,035.5 | 2,020.5 | 1,989.0 | 1,918.5 | 1,944.0 | 2,001.0 | 2,043.0 | 2,103.0 |
| 北 信   | 2,047.5 | 2,056.5 | 2,056.5 | 2,034.0 | 2,034.0 | 2,007.0 | 2,007.0 | 1,935.0 | 1,930.5 | 1,975.5 | 2,025.0 | 2,079.0 |
| 県平均   | 2,026.8 | 2,040.6 | 2,044.2 | 2,021.8 | 2,012.4 | 1,978.3 | 1,972.2 | 1,906.8 | 1,930.7 | 1,985.2 | 2,011.8 | 2,082.7 |

|       | 1/4     | 1/11    | 1/17    | 1/24    | 1/31    | 2/7     | 2/14    | 2/21    | 2/28    | 3/7     | 3/14    | 3/22    |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| 佐 久   | 1,892.2 | 1,971.0 | 2,040.7 | 2,049.7 | 2,045.2 | 2,047.5 | 2,047.5 | 2,074.5 | 2,079.0 | 2,133.0 | 2,128.5 | 2,074.5 |
| 上 田   | 1,875.0 | 1,950.0 | 2,025.0 | 2,043.0 | 2,031.0 | 2,043.0 | 2,037.0 | 2,067.0 | 2,067.0 | 2,112.0 | 2,121.0 | 2,067.0 |
| 諏 訪   | 1,901.2 | 1,879.8 | 1,964.2 | 1,989.6 | 2,009.2 | 2,000.2 | 2,000.2 | 2,022.7 | 2,045.2 | 2,078.7 | 2,072.2 | 2,085.7 |
| 上伊那   | 1,848.8 | 1,887.4 | 1,900.2 | 1,946.5 | 1,951.7 | 1,956.8 | 1,956.8 | 2,013.7 | 1,998.0 | 2,039.1 | 2,039.1 | 2,008.2 |
| 南信州   | 1,911.0 | 1,947.0 | 1,956.0 | 2,016.0 | 2,028.0 | 2,028.0 | 2,028.0 | 2,028.0 | 2,073.0 | 2,112.0 | 2,118.0 | 2,118.0 |
| 木 曽   | 1,962.0 | 1,950.0 | 1,998.0 | 2,010.0 | 2,022.0 | 2,022.0 | 2,022.0 | 2,076.0 | 2,076.0 | 2,118.0 | 2,112.0 | 2,118.0 |
| 松 本   | 1,769.1 | 1,841.1 | 1,879.7 | 1,900.2 | 1,897.7 | 1,892.5 | 1,910.5 | 1,923.4 | 1,949.1 | 1,985.1 | 1,990.2 | 1,946.5 |
| 北アルプス | 1,845.0 | 1,944.0 | 1,940.0 | 1,967.0 | 1,958.0 | 1,958.0 | 1,985.0 | 1,994.0 | 2,030.0 | 2,034.0 | 2,048.0 | 1,994.0 |
| 長 野   | 1,900.5 | 1,969.5 | 1,996.5 | 2,013.0 | 2,008.5 | 2,008.5 | 2,005.5 | 2,043.0 | 2,044.5 | 2,098.5 | 2,085.0 | 2,035.5 |
| 北 信   | 1,894.5 | 1,917.0 | 1,948.5 | 1,989.0 | 1,989.0 | 1,989.0 | 1,989.0 | 2,007.0 | 2,025.0 | 2,076.5 | 2,094.5 | 2,070.0 |
| 県平均   | 1,877.5 | 1,926.4 | 1,967.5 | 1,993.9 | 1,995.2 | 1,995.5 | 1,998.0 | 2,025.4 | 2,037.6 | 2,079.7 | 2,079.5 | 2,047.8 |

### <令和3年>

|       | 10/25   | 11/1    | 11/8    | 11/15   | 11/22   | 11/29   | 12/6    | 12/13   | 12/20   | 12/27   |  |  |
|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|--|--|
| 佐 久   | 1,937.2 | 1,937.2 | 1,950.7 | 1,946.2 | 1,946.2 | 1,946.2 | 1,950.7 | 1,892.2 | 1,887.7 | 1,887.7 |  |  |
| 上 田   | 1,980.0 | 1,969.7 | 1,980.0 | 1,947.0 | 1,947.0 | 1,947.0 | 1,947.0 | 1,866.0 | 1,875.0 | 1,869.0 |  |  |
| 諏 訪   | 1,923.7 | 1,936.7 | 1,935.0 | 1,944.0 | 1,943.5 | 1,943.5 | 1,916.3 | 1,904.6 | 1,891.1 | 1,873.1 |  |  |
| 上伊那   | 1,884.8 | 1,902.8 | 1,938.8 | 1,902.8 | 1,902.8 | 1,902.8 | 1,902.8 | 1,854.0 | 1,848.8 | 1,848.8 |  |  |
| 南信州   | 1,887.0 | 1,887.0 | 1,905.0 | 1,911.0 | 1,911.0 | 1,911.0 | 1,911.0 | 1,908.0 | 1,911.0 | 1,911.0 |  |  |
| 木 曽   | 1,944.0 | 1,974.0 | 1,974.0 | 1,974.0 | 1,974.0 | 1,974.0 | 1,974.0 | 1,926.0 | 1,908.0 | 1,908.0 |  |  |
| 松 本   | 1,854.0 | 1,866.8 | 1,864.2 | 1,879.7 | 1,879.7 | 1,877.1 | 1,846.2 | 1,810.2 | 1,802.5 | 1,794.8 |  |  |
| 北アルプス | 1,885.5 | 1,885.5 | 1,885.5 | 1,885.5 | 1,885.5 | 1,885.5 | 1,863.0 | 1,845.0 | 1,849.5 | 1,845.0 |  |  |
| 長 野   | 1,942.3 | 1,961.9 | 1,947.0 | 1,953.0 | 1,950.0 | 1,953.0 | 1,948.5 | 1,887.0 | 1,890.0 | 1,888.5 |  |  |
| 北 信   | 1,935.0 | 1,944.0 | 1,944.0 | 1,944.0 | 1,944.0 | 1,944.0 | 1,944.0 | 1,894.5 | 1,894.5 | 1,894.5 |  |  |
| 県平均   | 1,919.1 | 1,928.3 | 1,933.3 | 1,929.6 | 1,928.9 | 1,929.2 | 1,920.9 | 1,877.6 | 1,875.1 | 1,871.0 |  |  |

※県平均は調査店舗66店の合計値を66で除したもの

※令和3年11月15日からは都合により65店舗で実施

※毎週月曜日に調査を実施（令和5年6月5日から8月21日までの間は毎月第1、3月曜日）